



ARE YOU STRONG ENOUGH?

**2009 STRONGEST DAWG
POWERLIFTING CHAMPIONSHIP**



December 9, 2009

12pm

Gym Central, Court 1

Start Training NOW!!!

Pre-Registration ends December 8, 2009 at 11am

Event Day Registration from 10am-11:30am

Weigh-ins 10:00-11:00am

Pre Registration \$7/Event Day Registration \$10

Contest rules available at www.recsports.uga.edu

UGA Recreational Sports—Fitness and Wellness

If you are interested, contact Andrea Ligotti at

ligotti@uga.edu or 706-542-5060.