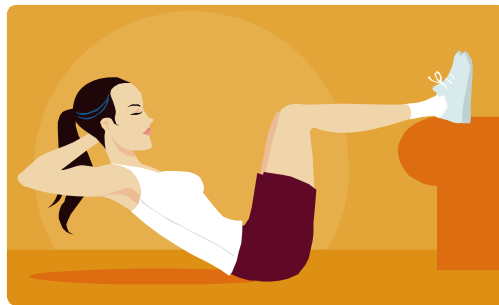


Fitness & Wellness

**Department of
Recreational Sports
Division of Student Affairs**

\$1 Abs



20 minutes to better abs and back!

**Classes Tuesday, Wednesday
and Thursday!**

Tuesday: 5-5:20pm in Studio B

Wednesday: 5-5:20pm in Martial Arts Studio

And 6:40-7pm in Martial Arts Studio

Thursday: 5:15-5:35 in Studio D

Cost is \$1 (pay at the door)

\$1 Abs classes begin August 25th and end December 3rd.

No classes Thanksgiving Week: November 21st-29th.

Questions? Comments? Contact Nicole Dudley at ndudley@uga.edu

